



Lincoln Hosts Brunei Royalty

By MC1(SW) JOAQUIN JUATAI
Penny Press staff

Prince Mohamed along with several government officials, the heads of Brunei's armed forces and the Charge d'Affaires of the U.S. Embassy to Brunei, Mr. Jeff Hawkins, visited USS Abraham Lincoln (CVN 72) on May 9 while the ship was off the Northwest coast of the Island of Borneo.

During their visit, Rear Adm. Bill Goodwin, commander of the Abraham Lincoln Carrier Strike Group (ALCSG) and Commanding Officer, Capt. C.A. McCawley, hosted the group. The group was then treated to an up-close view of flight operations, observing aircraft launches from the flight deck before climbing to the ship's signal bridge to observe an air power demonstration by the embarked aircraft of embarked Carrier Air Wing (CVW) 2.

After the air show, the group visited with several pilots and aircrew from Helicopter Anti-Submarine Squadron Light (HSL) 47, who showed them an SH-60(B) "Seahawk" used in Operation Unified Assistance in Indonesia during the aftermath of the Dec. 26, 2004 tsunami.

Prince Mohamad and several of the military officials accompanying him thanked aircrew members from HSL 47 for their



Photo By MC3 James R. McGury

Prince Mohamed was greeted on the flight deck by Rear Adm. Bill Goodwin and Capt. C.A. McCawley May 9.

efforts in Aceh.

"Just being in Indonesia and helping was, in itself, a reward," said Aviation Warfare Systems Operator 2nd Class (NAC/AW) Zachary Dotson. "To meet people who were affected by it and hear them say 'thank you' — it's humbling to accept that

Turn to BRUNEI, Page 6

Leading The Way, The Only Way He Knows How

By MC2 MICHAEL HART
Penny Press editor

A Sailor aboard USS Abraham Lincoln (CVN 72) won a national award recognizing outstanding leadership in the intelligence community May 5.

Intelligence Specialist 1st Class (SW) Jeremy Heyer, leading petty officer of Operations Department's OZ Division, Carrier Intelligence Center, won the Edwin T. Layton Leadership Award.

The Layton award was formed by the

Director of Naval Intelligence, with the assistance of the Naval Intelligence Foundation in 2001 to recognize outstanding leadership and mentorship in the Naval Intelligence community. Nominations for the Layton Award are reviewed semi-annually every September and March.

"I was very excited and honored," said Heyer. "I was the only blue shirt Navy-wide that won the award. I took pride in knowing that what I'm doing is the right thing in my leadership's eyes."

"He was already in place when I

got here," said Senior Chief Intelligence Specialist (SW/AW) James Moffatt, OZ Division's leading chief petty officer. "I leaned on him greatly when I first got here. He's a very good leader. Having him has made my job incredibly easier."

Those in Heyer's chain of command are not the only people who recognize him as a leader; his subordinates think he's a great boss as well.

"He is an exceptional example of a leader," said Intelligence Specialist 3rd

Turn to AWARD, Page 6



Local Stories

Ambassador to Thailand

TO: Rear Admiral Goodwin, Capt. McCauley, Capt. Lousman
And the men and women of the USS Abraham Lincoln Carrier Strike Group

Your visit to Thailand has helped us immeasurably to demonstrate tangible benefits of the U.S. – Thailand security relationship.

The hospitality you showed me, my staff and our guests was greatly appreciated. Your exemplary conduct while visiting Thailand will help us secure rights for future ship visits.

But it was your willingness to host a Thai TV crew that probably had the greatest impact on the Thai people. Suthichai Yoon, host of one of the most influential TV news programs in Thailand, on April 24 and on May 1, aired two one-hour programs on his visit to the USS Abraham Lincoln (CVN 72).

The programs focused on the day-to-day operations of the ship, the awesome capabilities of the U.S. Navy, the security challenges we all face in this region and your heroic efforts in responding to the Indian Ocean tsunami.

These programs reached millions of Thai and represent one of the best opportunities we have had in years to demonstrate the tangible benefits of America's security relationship with Thailand.

The people of Southeast Asia will always associate USS Abraham Lincoln (CVN 72) with America's can-do spirit and the generous nature in responding to crises.

Thanks to the work of your public affairs staff, the openness of your crew members who were interviewed and the professional manner in which you operated, the people of Thailand have had an up-close illustration of why America remains vitally important to the security and well being of Asia.

You are superb representatives of our country, a credit to your ship and sterling examples of the men and women of the U.S. Navy.

We hope to see you again soon and wish you Godspeed on your deployment.

Sincerely,
Ambassador Ralph "Skip" Boyce

Don't forget to get your Tiger registration forms to the Tiger Boss!



United Through Reading spots are still available. Sign ups are in the ships Library. Recordable DVD's can be purchased at Morale, Welfare and Recreation's main office on the mess decks.



May 13, 1908

The U.S. Navy Nurse Corps is established. Caled the "Sacred Twenty," the initial nurses are the first woemn to formally serve in the Navy.

The **Penny Press** is an authorized publication for members of the military services and their families. Its content does not necessarily reflect the official views of the U.S. Government, the Department of Defense, the Department of the Navy, or the Marine Corps and does not imply endorsement thereby. All articles are subject to editing. Due to a need for timely news stories, there is no guarantee when a particular story will run.

Commanding Officer.....	Capt. C.A. McCawley
Executive Officer.....	Capt. David Lausman
Public Affairs Officer.....	Lt. Cmdr. John Filostrat
Assistant PAO.....	Ens. Brett Dawson
Media Dept. LCPO.....	MCCS(SW/AW) Jon Annis
Editor.....	MC2 Michael Hart
Staff.....	MCC(SW/AW) Christopher King
	MC1(SW) Joaquin Juatai
	MC1 Michael Murdock
	MC2 Michael Cook
	MCSN Nikki Nester
	MC3 James McGury
	MCSN Ronald Dallatore
	MCSN James Evans
	MCSN Mary Guiney
	MCSN Timothy Roache

Local News

What Do The New Sea/Shore Rotations Mean?

FROM FLEET MASTER CHIEF (AW/SW)
JON R. THOMPSON

If you haven't seen NAVADMIN 130/06 announcing changes to the Navy's sea/shore rotations, you need to review it. Almost every rating in the Navy is affected by the changes that better align tour lengths to our sea-centric force.

The revisions update existing sea/shore rotations that were put in place four years ago. As our Navy continues to evolve, it is critical we maintain sufficient manning aboard our sea and shore commands. Since 2001, the Navy has eliminated more than 19,000 shore duty billets, but until now, sea/shore rotations did not take that reduction into account. The new sea/shore rotations will make it easier for detailers and community managers to maintain our billet base at sea and ashore.

So what does this mean to you? Depending on your rating, the changes may increase the number of months you spend on sea duty and shore duty. According to the Chief of Naval Personnel, there are 790 rates/ratings/NECs that make up the Navy's sea/shore rotation force. Of these, 150 will have an increase to their sea duty time, with most seeing a change of six months or less. Forty will increase eight to 12 months, and only five will increase more than 12 months. On average, sea tour lengths for E-5 to E-9 will increase

from 47 months to 51 months, while shore tour lengths will increase from 34 to 36 months.

Those of you within your nine-month window to negotiate orders will be able to proceed with those orders. The Navy Personnel Command will adjust projected rotation dates based on length of tour remaining. Projected rotation dates (PRD) of February 2007 or earlier will NOT be adjusted.

From a fleet perspective, the changes are critical because proper manning is essential to all our ships, squadrons and bases. Without correct manning, meeting mission requirements becomes an even greater challenge. Most of us have served in commands that had manning shortfalls. I can tell you from past experience that when a command is improperly manned, it's difficult to maintain good morale because the work that would be done by the missing people is often placed on the backs of others. Proper sea/shore rotations help reduce that negative impact.

The Navy is a sea-going force. Hopefully you all understand that. While there are a few shore intensive ratings, the majority of our ratings are sea intensive. It should not come as a surprise that the majority of your career will be (and should be) served on sea duty. Having said that, it is equally important the Navy provide balance. Correct sea/shore rotations help



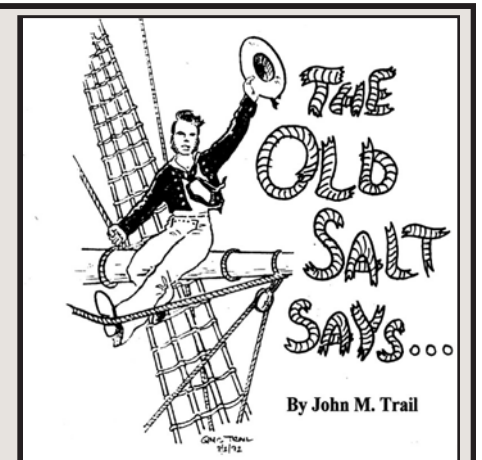
us all map out a career path. What's more, the time we spend on shore duty allows for career diversity and the necessary time to pursue higher education.

As we look to the future, it's clear our Navy is changing. We are building smaller ships that are crewed by far less people than most legacy ships. It is important we continue to monitor how the manning aboard these new ships and units affect our ratings, while ensuring our legacy ships are properly manned as well. To that end, the Chief of Naval Personnel has created the Sea Shore Rotation Working Group (SSRWG) to inves-

Turn to SEA, Page 6

Gangway

Today the term "gangway" has come to mean the removable platform made fast to the shore to which crewmembers can enter or leave a ship when she is alongside a wharf or pier. It is also widely used to describe the companion ladders, which are rigged down the ship's side (accommodation ladder) when she lies to her anchor, for personnel embarking or disembarking from boats or launches communicating with the shore. When you are on a working party lugging supplies onboard and striking them below and your passageway is blocked by "sojers" (loafers), you should shout "gangway" for them to clear a path, not "make a hole" which is a lubberly and confusing term.



Features

Here's Some Cookies, Kids...

Operation Cookie Drop Brings Smiles to Sailors

By MCSN BRANDON WILSON
Penny Press staff

Sailors aboard USS Abraham Lincoln (CVN 72) stood in line for hours, May 1 and 2, for two boxes each of Girl Scout Cookies donated by Girl Scout councils from around Washington state.

Nearly 8,500 boxes of cookies were loaded aboard as Lincoln was pierside at Changi Naval Base, Singapore.

According to Chief Electronics Technician (SW) Michael Neff, of Carrier Strike Group 9, the donated cookies were a combined effort by Washington councils.

"They were donated from Olympia (Wash.) to the Canadian border, from the Cascades (mountain range) to the ocean," said Neff, who has two daughters who are Girl Scouts in Washington.

Donating councils were the Girl Scouts Inland Empire Council, Girl Scouts Mid-Columbia Council and the Girl Scouts Totem Council.

Neff said that people who were buying Girls Scout cookies had the opportunity to buy a box to donate to deployed troops. The donation, dubbed "Operation Cookie Drop," was also sponsored by local Washington radio station KVI AM 570 and KOMO 1000 News, who helped spread word throughout the Pacific Northwest that anyone who wanted to buy from Girl Scouts could also contribute to the troops.

The cookies were stacked on pallets and shipped to Lincoln. Some of the boxes of cookies were decorated with snowflakes, butterflies and stickers. Others had drawings of flags and animals, but most had "thank you" or other comments of praise for the troops written on them from top to bottom.

From Café cookies to Thin Mints, from Lemon Coolers to Samoas, every box of cookies was greatly appreciated by the Sailors who received them.



Photo By MCSN Brandon Wilson

Girl Scouts from all across Washington State donated various types of cookies to USS Abraham Lincoln (CVN 72) and Carrier Air Wing (CVW) 2 Sailors.

Simply put by Aviation Maintenance Administrationman Airman Christopher Brown of Helicopter Anti-Submarine Squadron (Light) (HSL) 47, "God bless the Girl Scouts!"

Abraham Lincoln is on a scheduled deployment to the Western Pacific.



Abe's Morale, Welfare and Recreation proudly give you the chance to prove that your better than William Hung at the June 24th talent show. Sign up in MWR office.



MCSN Evans



MCSN Evans



Week At A Glance

MC3 Bonafede



MCSN Evans



MC3 Beesley



MCSN Evans

Features

AWARD

Continued from page 1

Class Andrew Dickinson. "He leads by example, he comes in the office during his off time if he needs to, and he's there to help out personally and professionally."

Heyer said he hopes that his people will look at him and decide how they should act if they ever come to the same position he is.

"I hope that I can help them pick and choose the good things from me," he said. "It will help them if they ever find themselves in a supervising position like workcenter supervisor, leading petty officer, division officer or chief."

Although Heyer won the award, his leadership style was based on numerous building blocks instilled in him throughout his life by others.

"I had a couple of first class petty officers and chiefs that showed me what it is to be a true leader," said Heyer. "But my father, John, who is a perfect example of a good Christian, showed me what was right and wrong."

Heyer said that the foundation his father instilled in him made it easy for leaders in his naval career to build his leadership skills upon.

"There's no better example of what a leader should be than my father," he said.

"My wife, Rachel, helps me out as well," Heyer added. "She's always there to keep me honest."

Thanks to the help of his father, wife and shipmates, Heyer has been recognized as a model leader inside the intelligence



(Above) Operations' OZ division pose in the hangar bay for a group shot. (Right corner) Heyer was recognized for his leadership within the department and the intelligence community.

community. However, being an exemplary leader is not restricted to communities or divisions.

"The biggest thing about being a leader, and they talk about this in every leadership class in the Navy, is your people are your best asset," said Heyer.

"I try and take peoples' skill sets and put them in a position where they can succeed. I try to make sure they have the right tools for their jobs."

By making sure that his people are in a positive position, he's put himself in a positive position as well.

"He is working at a level beyond that of an average first class petty officer," said Moffatt. "He's ready to advance now."

BRUNEI *Continued from page 1*

thanks," he said.

The group came aboard Lincoln as part of the Navy's distinguished visitors program, which brings both American and foreign businessmen, dignitaries and military officials to the ship to observe the strength and dedication of American Sailors as they perform their mission.

Guests were interested in the operations of the ship, how many Sailors are aboard, and what their workday is like.

"What you have seen today is the best example of the U.S. Navy," said Goodwin. "We're very proud of our friendship with Brunei and we hope to come back and visit some day soon."

Lincoln is currently deployed to the Western Pacific to conduct maritime security operations and to train with its many partners in the region.

SEA

Continued from page 3

tigate, analyze and develop solution sets for current and future billet bases. That group will be key to our future manning success.

The changes in sea/shore rotations are very good for our Navy. I hope you see how you fit into the bigger picture. While you may personally incur only a couple more months at a sea duty command, when you do the math on a larger, total Navy scale, you realize a couple months here and a couple months there start to add up quickly and help us ensure our units have the right people at the right time. As of May 8, 2006, there were 298,938 enlisted people serving on active duty in our Navy. It's clear to me that even small sea/shore rotation imbalances start to have a significant impact on our readiness. Every one of you, in every rating, needs to do your best to maintain your sea/shore rotation. Detailers are charged with holding you to the Navy's plan. Your part is to do your best to work with your detailer to help stay on track. Shipmates, my challenge to each of you is to embrace the new changes in sea/shore rotation and plot your career wisely. While going to sea is not always easy, most of you will find it a little easier if you look to the future and plan using the new sea/shore rotation guidelines as a beacon. If you plan correctly, you should be able to serve a productive, rewarding career in the Navy with the proper balance of both sea and shore tours of duty.

Features

Life On A Small Boy Similar To Small

By MCSN JAMES EVANS
Penny Press staff

On the Arleigh Burke-class guided missile destroyer USS Shoup (DDG 86), camaraderie isn't just something the brass talk about in motivational speeches.

For this crew of around three hundred, working and living together on a ship that could easily fit in the hangar bay of the USS Abraham Lincoln (CVN 72) results in what can only be described as a kind of small town charm.

"The best thing about being on the Shoup is the camaraderie of the crew," said Navy Counselor 1st Class (SW) Tristan Hicks. "We really enjoy being around each other."

To a visitor, the camaraderie of a smaller ship quickly becomes apparent by the speed at which news travels. New arrivals are greeted by name before they've even met many of those greeting them. This is



Photo by MCSN James Evans

Gunner's Mate Second Class Michael West cleans the barrel of an MK-45 5-inch/54 caliber gun on the foc'sle of the Arleigh Burke-class guided missile destroyer USS Shoup (DDG 86).

a result of both the close quarters, and the fact that most of the crew have collateral duties outside their department.

"We tend to branch out and do a lot of other jobs and work with a lot of different people. You don't get pigeonholed into just one thing like on a carrier," said Hicks.

The positive atmosphere aboard is reflected in the performance of the crew. Cmdr. Christopher Halton, commanding officer of the Shoup, can't say enough about the crew that has exceeded his every expectation, both operationally, and as individual Sailors.

"We have over 300 people here, but they all know each other and treat each other with respect," said Halton.

Shoup's stellar record of community service is another testament to the high caliber of Sailors onboard. According to Halton, Shoup far exceeded other ships of her size in donations for this year's

Combined Federal Campaign, as well as contributing to the hurricane Katrina Relief Fund and pitching in to help Sailors onboard whose families were affected by Katrina.

Shoup also recently earned the Commander U.S. Pacific Fleet Retention Excellence award for its high rate of reenlistment. The ship's anchor is painted gold to signify the award.

"I think high retention is an indicator that people enjoy coming to work, and they realize that it's hard work, that it's stressful work, but the crew has excelled at it and created an atmosphere where people want to come to work," said Halton.

"I've had chiefs and first classes coming from all over who specifically requested to be assigned to the this ship," said Halton.

"That's because of Shoup's great reputation and crew."



Photo by MCSN James Evans

STG3 Jeff Mercliffe monitors sonar contacts on the Arleigh Burke-class guided missile destroyer USS Shoup (DDG 86).

Local News



Shipmates

The strength of a warship lies in the hearts and hands of its crew



Photo by MC3 Jordon Beesley

An Aviation Boatswain's Mate Handler directs an aircraft into launching position on the flight deck of the Nimitz Class Carrier USS Abraham Lincoln (CVN 72) just before the sun sets over the horizon of the South China Sea. Lincoln and Carrier Air Wing (CVW) 2 are currently underway to the Western Pacific for a scheduled deployment.

Editor's Top 10

Things to do between Singapore and Saesabo:

10. Dream of what it would be like to be a real boy.
9. Create new and exciting warfare designators like Enlisted Janitorial Warfare.
8. Try and find Guma on a map. While you're looking, try and find Atlantis and Jimmy Hoffa.
7. Serialize your eyebrow hairs.
6. Call 7894 between 2 and 4 p.m. and ask for "Brokeback Jones."
5. Reenact the Civil War with spit wads and models made of paper clips.
4. Discover there are hobbies besides trading PSP's for iPods or playing Halo 2.
3. Try and find the bowling lanes in shaft alley.
2. Try and re-create the documentary "Super-size Me" at the vending machines on the aft mess decks.
1. Wog Day.

USS Abraham Lincoln Safety Department's

Safety Sailor of the Week

While performing maintenance on a fire station, Culinary Specialist Paul Kim, from Supply's S-13 division, ensures his safety by wearing the proper personal protective equipment like nitrile gloves and splash proof goggles while using hazardous materials

For observing ORM, Kim is Abe's Safety Sailor of the Week.



Photo by SK1 (SW/AW/SS) Richard Ward

CSSN Paul Kim

